[NOAA EAP](https://www.commerce.gov/hr/employees/work-life-balance/eap)

**Employee Assistance Program**

Employee Assistance Programs (EAP), which are offered to all managers, employees, and their families, are designed to address individual, team, and organizational problems. Services include counseling and support services for:

* Stress management
* Work-related issues
* Caregiver support such as elder and childcare
* Career management
* Family and marital issues
* Health and mental health issues
* Bereavement
* Addictions and compulsive behavior
* Financial and legal issues

**Behavioral Health and Wellness Branch**

The BHW team consists of the following professional disciplines:

* Licensed clinical social workers (LICSW or LCSW)
* Psychologists (PSY)
* Psychiatric Nurse Practitioner (PMHNP)

NOAA’s Behavioral Health and Wellness program provides employee support services for civilians, professional mariners, and NOAA Commissioned Officers. The scope of services consists of direct services, education and training, administrative consultation, and programming. The mission is twofold to include:

Behavioral Health Mission

To ensure that every beneficiary who experiences signs and symptoms of mental health and/or substance use issues has access to high-quality services in a supportive culture that encourages treatment.

Wellness Mission

To promote the well-being of our beneficiary population by identifying opportunities to improve psychological resilience, decrease stress, and respond with best-fit interventions.